



# Sexual Assault Awareness Month

Every April, Sexual Assault Awareness Month calls attention to the fact that sexual harassment, assault, and abuse are widespread and impact everyone. As we work towards a future without violence, we all must respond to the needs of those most affected by oppression, harassment, and abuse. Here are some ways you can help end sexual violence and support survivors.

## Review your sexual harassment policy.

Workplace sexual harassment is one of the most widespread problems in the U.S. But prevention is possible. Using research and best practices, we can create a healthier workplace culture in which no employee is forced to deal with sexual harassment. Fostering work environments that promote the safety and well-being of all employees.



## Pledge to "Start by Believing" this April 5th and 6th.

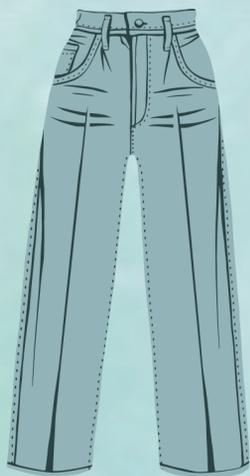
Start by Believing is a public awareness campaign designed to end the cycle of silence and change how we respond to sexual assault. On April 5th and 6th, post an Instagram story with your personal Start By Believing Pledges, tagging us at @raperecoverycenter and using the hashtags #SAAM2023 and #RRCSAAM2023.

One submission will be randomly chosen to win a ticket to the Hope and Healing Celebration.



## Observe Denim Day.

Wednesday, April 26th, is Denim Day, during which wearing jeans is a sign of protest against the misconceptions surrounding sexual assault. Have your office participate in Denim Day to support victims and make a fashion statement. Businesses can designate that day as denim approved within the company dress code for a donation of \$5.00 that can go back to the Rape Recovery Center.



## Join us at the Hope and Healing Celebration on April 29th.

This event brings the community together to raise money to support survivors and the Rape Recovery Center's vital services. This year, Donna Hawxhurst will be recognized as the 2023 Pillar of Hope Awardee.

